

Tree Instructions



- Trace your hand and part of your arm on the brown construction paper. (Your arm will be the tree trunk, your hand will be the tree branches). Cut it out.
- Glue your hand tree to the white construction paper.
- Rip small pieces of paper from the red, yellow, and orange construction paper. These will be the leaves of your tree.
- Glue the small pieces of paper on your tree and on the ground under your tree.

Parent Tip:

Tearing paper is an amazing fine motor activity for kids. When a child tears a piece of paper, they improve hand strength and endurance in the small muscles in the hand. These intrinsic muscles are important in so many fine motor skills, including those important to handwriting and coloring, managing buttons and zippers, manipulating pegs, and more.