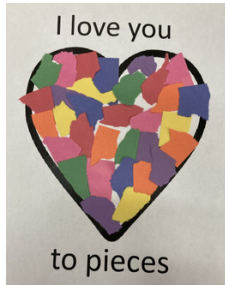


# Card Instructions



- Rip the colored construction paper into pieces.
- Glue the pieces into the heart shape on the card.
- Optional: Write the name of the person you are giving the card to above "I Love You". Example: Mom, I Love You to Pieces.
- Give the card to someone you love.

## Parent Tip:

Tearing paper helps children develop many essential skills: hand strength, hand eye coordination, precision, refined movements, bilateral coordination, and more. When a child tears a piece of paper, they improve hand strength and endurance in the small muscles in the hand.